

The Canterbury Diet for Anna Chaplaincy

Anna Chaplaincy in the Diocese of Canterbury is a ministry which is trademarked by BRF Ministries and exercised under a head licence agreement. Under this agreement, individual Anna Chaplains are required to sign a sub-licence which sets out the terms under which they can use the trademark. Anna ministry is open to lay and ordained ministers. You are encouraged to attend to these three Golden Threads throughout:

Golden Threads:

How are prayer and spiritual practices being developed?
How am I learning and reflecting on ministry practice?
How are we attending to good relationships and collaborative ministry?

Anna Chaplains and Friends are commissioned in their local church by a representative of the Diocesan Anna Chaplaincy Team
Prior to commissioning: the Incumbent and Anna Chaplain draw up a Ministry Agreement the Anna Chaplain should seek Spiritual Accompaniment
Anna Chaplains & Friends are accountable to their local parish/PCCs and should participate in regular meetings with their incumbent and report on their ministry to the PCC as agreed in their ministry agreement.
Anna Chaplains & Friends participate in ministry-specific ministerial development such as Diocesan Networking Hub meetings and the Rochester-Canterbury networking day
Anna Chaplains & Friends participate in the annual Ministerial Survey and annual review process as it is developed
Anna Chaplains & Friends participate in relevant Continuing Ministry Development (CMD) Events At advertised days and times
Every 3 years complete the mandatory disclosure checks and refresher training related to Safeguarding
Commissioning Review and Sub Licence Review This takes place every 3 years and will be initiated by the Diocesan Lay Ministries Adviser and Anna Chaplaincy Lead it will involve: Anna Chaplain/Friend, incumbent, PCC/s
The Review may lead to Re-Commissioning by the incumbent in the local church. This will include updating the sub licence and ministry agreement.

Notes:

1. The word '**diet**' comes from the Greek *diaita*, which means 'way of life.'
2. **Golden Threads** - throughout the *Canterbury Diet* three key questions are attended to at every stage and are crucial for ministerial development through reflective practice:
 - a. How are prayer and spiritual practices being developed?
 - b. How am I learning and reflecting on ministry practice?

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c. How are we attending to good relationships and collaborative ministry?

3. **The Diocesan Anna Chaplaincy Team.** This consists of the Diocesan Anna Chaplaincy Working Group: Julia Burton-Jones (Anna Chaplaincy Lead for Canterbury & Rochester dioceses), Nigel Collins (Diocesan Lay Ministries Adviser), Judith Andrews, Revd Canon Jean Kerr and Sarah Lucas. On behalf of the bishop, they oversee Anna Chaplaincy in the diocese and are available to provide advice on good practice.
4. **Ministry Agreement.** Prior to commissioning Anna Chaplains/Friends draw up a ministry agreement with their incumbent; this should be approved by the PCC.
5. **Spiritual Accompaniment/Direction.** The Diocese has a network of experienced Spiritual Accompaniers and Advisors. The point of contact is Revd Dr Susanne Carlsson susannecarlssons@hotmail.co.uk who oversees the network.
6. **Networking Hubs.** These are convened by the Diocesan Anna Chaplaincy Team offering advice and support in a learning environment. Some are led online with at least one annual 'in person' gathering.
7. **Ministerial Survey.** An annual Anna Chaplaincy survey gathers statistical data which provides a snapshot of Anna ministry across the diocese. Ministerial review will be developed as Anna Chaplaincy continues to be established.
8. **Refreshment Days.** The Living Well host a Refreshment Day for Anna Chaplains and may be contacted on an individual basis. Anna Chaplains and Friends are also encouraged to take a retreat or alternative quiet day.
9. **National Safeguarding Framework.** Anna Chaplains/Friends who are licensed clergy or Readers will receive a reminder when their DBS check or training is due for renewal. Anna Chaplains/Friends who are locally recognised lay ministers should liaise with their parish safeguarding officers to ensure their DBS check and training is current and up to date.
10. **Continuing Ministerial Development (CMD).** Anna Chaplains/Friends are encouraged to attend CMD events which are relevant to their ministry context.

Nigel Collins, Lay Ministries Adviser
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