**Session 3**

**Theme: Jesus is the Life**

**Resources:**

* Prayer labels
* Name labels
* Pens
* Ice breaker PowerPoint questions
* Prayer cards; Video countdown timer
* Game materials
* ‘The Good Life’ video clip
* Photocopied answers from the activity
* Sketch script x 2
* Photocopied Christian answers list
* Two prepared ‘boffins’
* ‘You are life’ video song

| **Time** | **Who?** | **Item** | **Length** |
| --- | --- | --- | --- |
|  |  | **Doors open and ice breaker questions on screen** | **25 min** |
|  |  | **Video Countdown Timer** | **5 min** |
|  |  | **Game** | **10 min** |
|  |  | **Notices & encouragements** | **5 min** |
|  |  | Mention prayer labels on the tables. | |
|  |  | **Video clip** | **4 min** |
|  |  | Clip from ‘The Good Life.’ URL: <https://youtu.be/ORvn-8buCA4> | |
|  |  | **Front-led discussion** | **5 min** |
|  |  | What things makes life worth living? What is it that you need, to make life good? Feedback.  **\*\*\*\* Leader’s note \*\*\*\*** During this discussion, someone needs to make a list of the answers given, and then photocopy enough copies so you have one for each table group, for the next activity. | |
|  |  | **Table discussion** | **6 min** |
|  |  | Hand out the list from the previous activity and ask table groups to arrange the answers in order of importance. Feed back answers. | |
|  |  | **Sketch** | **4 min** |
|  |  | A drama sketch discussing tonight’s topic about life, in ‘Alas Smith and Jones’ style. | |
|  |  | **Front-led discussion** | **6 min** |
|  |  | Explain that we have been doing this series on the bible verse that says that Jesus is ‘the way, the truth and the life’ which is why we’ve been thinking about what life is all about. So, how does Jesus make our lives worth living? What does Jesus bring, to make our lives good? Feedback. | |
|  |  | **Table discussion** | **6 min** |
|  |  | Say to the groups that we asked some other Christians what they thought Jesus brought into their lives. Then give each table group a list of the answers, and once again, ask them to put them in order of importance. Then feed back. | |
|  |  | **Boffins** | **6 min** |
|  |  | Two ‘boffins’ come up on to the stage and answer the following question: ‘Why is Jesus the Way, the Truth and the Life’ for them? | |
|  |  | **Video song** |  |
|  |  | ‘You are life’ by Hillsong. URL: <https://youtu.be/Tw8-g7a3T7k> | |
|  |  | **Sum-up, final prayer, and finish** | **2 min** |
|  |  | **End** |  |