



Diocese of Canterbury
CHANGED LIVES ⊕ CHANGING LIVES

Lord of life,
You are the oasis in our desert,
The current that carries us on,
Soak us in your Spirit; drench us in your joy,
That we might turn the tides of injustice,
And offer to a thirsty world your wellspring of love.

Amen.

Hokusai's Wave has become one of the most recognised images in the world, and is part of the inspiration for our Lent picture. The wave speaks of power, movement and transformation. As you look at it, bring to Jesus those situations which feel overwhelming, or where you long to see a tsunami of love and grace break through.

To find out more about the Changing Lives Prayer network, visit canterburydiocese.org/prayer or email Lbywater@diocant.org

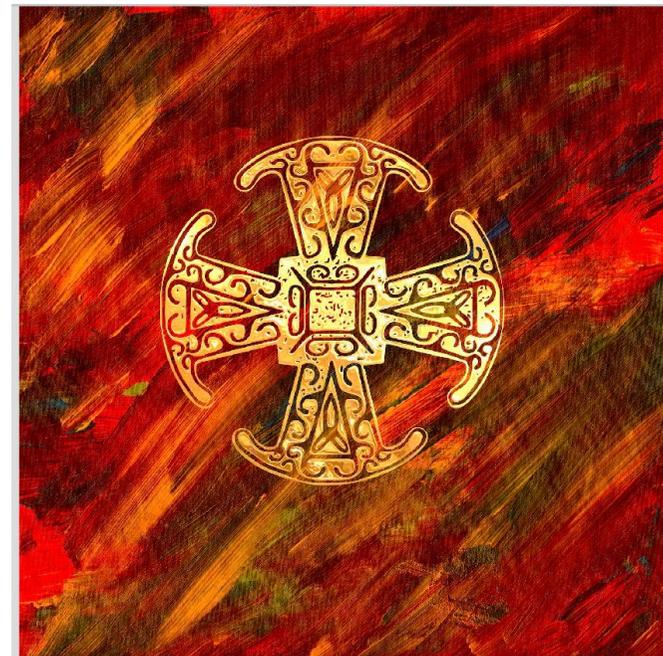
Image: 'Living Water' by Primrose Northrop 2026



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CALENDAR OF PRAYER

'Praying for each other; praying with each other'



March 2026

1 Sun Praying Together: 2nd Sunday of Lent

God, who is our eternal home,
We pray today for those who find themselves homeless,
in insecure or poor housing, and all those travelling in
search of a home.

Stir the hearts of your people to acts of generosity and
compassion.

Help us to speak out and work for a world where all can
find a place to belong and truly be at home.

Amen.

Prayer written by Revd Vicky Coneys - Associate priest
at St Paul's, Cliftonville

*Anglican Communion:
2nd Sunday of Lent
The Nippon Sei Ko Kai*

2 Mon Folkestone: St John the Baptist

Clergy: Adam Denley

Assistant Curate: Tim Gosden

Readers: Robert Grieve, Alex Finlow, Joan Herbert, Ruth
Jones

*Anglican Communion:
The Diocese of Toamasina –
The Church of the Province of the Indian Ocean*

THE WONDER OF PRAYER



LENT – LIVING WATER

'Those who drink the water I give will never be thirsty again.
It becomes a fresh, bubbling spring within them, giving them
eternal life.' (John 4:14 NLT)

Jesus, wellspring in the wilderness –

- As we make our lenten journey, may we find in you refreshing and renewal.
- Give us confidence to talk about you to the people around us, that your living water might reach the dry places in their lives.
- Pour your blessing on Archbishop Sarah as she begins her new ministry, and saturate her in the wonder of your love.
- Draw close to those for whom church has been a place of pain, and help us to work together to build communities of faith where all feel safe.
- Cause your rivers of peace to flow in the wastelands of war, watering the dry ground with hope.



31 Tue Praying with the Sandwich Deanery: for Chaplains

Pray for all those exercising chaplaincy ministry - formally and informally - within Schools, uniformed organisations, residential care communities, community clubs, businesses, health care groups, prisons, police, armed services and in sport. May God give them wisdom to respond to the opportunities given, to be assured of their calling to be witnesses to Christ. May they know the support of local churches and see God at work wherever they go.

Mary Donaldson, Jean Kerr, Paul Kerr, Liz Larner, Derek Kirkaldie, Sally Murray

Anglican Communion: The Diocese of Vermont – The Episcopal Church

To sign up for regular updates from the Changing Lives Prayer Network, visit canterburydiocese.org/prayer or email lbywater@diocant.org

Cover painting: Canterbury Cross - acrylic on cloth
by Primrose Northrop

3 Tue Folkestone: St Mary, St Eanswythe and St Saviour

Clergy: Christopher Johnson

Reader: Victoria Friedrich

Schools: Folkestone St Mary's CE Primary Academy, St Eanswythe's CE Primary School

We pray that we might continue to be encouraged and inspired by God's work amongst us and the shoots of growth and development that we're seeing. That we might have open eyes and hearts to join in with this work and to serve the needs of our parish and town faithfully.

Anglican Communion: The Diocese of Tohoku – The Nippon Sei Ko Kai

4 Wed Praying Together: for Archbishop Sarah Mullally

Almighty God, we pray for Archbishop Sarah, as she begins her exacting and exciting new role. Grant her wisdom, strength and courage to minister in your name, as she looks to you for guidance. Enable her to reflect your light and love to everyone she meets and wherever she travels. May she be rooted in prayer, so that her words and actions may be an example to us all, and all for your glory, through Jesus Christ our Lord. Amen.

Prayer written by Revd Anne Talbert - Assistant Curate at the Canonry Benefice

*Anglican Communion:
The Diocese of Tokyo – The Nippon Sei Ko Kai*

5 Thurs Folkestone: St Peter

Clergy: Vacant

Churchwardens: John Hendy, Andy Kemp

School: St Peter's CE Primary School

Lord, obtain for us, we ask, a priest with a true spirit of faith and humble obedience so that we may see him as a representative of God and willingly follow him in the Way, the Truth and the Life of Christ. Lord hear us.

Lord graciously hear us.

Anglican Communion:

The Diocese of Toliara – The Church of the Province of the Indian Ocean

30 Mon Praying with the Sandwich Deanery: for Clergy with Permission to Officiate

Please pray with us for those with Permission to Officiate within our Deanery. We thank God for their willingness to continue serving the Church with generosity and joy. May they be upheld and strengthened in their ministry.

Please pray for:

Martin Clark, Martin Cleeve, Christopher Dent, Anthony Fletcher, David Flewker, Nigel Genders, Sharon Greenwood, Peter Hambrook, Wendy Jackson-Hill, Dawn Jewson, Jean Kerr, Paul Kerr, Jeanne Males, Roger Marsh, Michael Morris, Howard Pashley, Jasmine Roberts, Mark Roberts, Simon Roscoe, Rob Stevenson, John Winn, Pat Wright, Stephen Young

Anglican Communion: The Diocese of Venezuela – The Episcopal Church

29 Sun Praying Together Palm Sunday

God of compassion, whose love for us is revealed in the giving of your Son Jesus Christ, thank you for the gifts you have revealed in our lives during our Lenten preparations. As we enter this Holy Week, please help us to journey with humility on the Way of the Cross. Please help us to obey your purpose for us in our lives so that we may be ready to declare your victorious light and love to the world through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.
Amen.

Prayer written by Revd Dr Maria Stuttaford - Assistant Curate at the Denswood Benefice

*Anglican Communion: Palm Sunday
The Anglican Church of Melanesia*

6 Fri Folkestone Trinity Benefice incorporating Holy Trinity, St George's and St Paul's Sandgate

Clergy: Vacancy

Assistant Curates: Bill Mills, Heather Tapsell

Readers: Hilary Richter, Charles Lewis, Barry Lock

ALM's: Heather Parsons, Tricia Bayliss, Lewis Smith

Anna Chaplains: Bill Mills, Heather Parsons

School: Christ Church CE Primary Academy

Please pray for the Folkestone Trinity Benefice during this time of vacancy. We give thanks for the ministers and lay leaders who are working together to ensure worship continues, pastoral visiting is sustained, and baptisms, marriages and funerals are cared for faithfully across our churches. As a ministry team, we meet regularly for prayer, listening for God's guidance and seeking wisdom for the future. Pray for unity, generosity of spirit, and resilience as our church communities work closely together. Please also pray for our local communities in Folkestone and Sandgate, as we deepen relationships and seek to share the good news of Christ through welcome, care and faithful presence.

Anglican Communion:

The Diocese of Tonj – Province of the Episcopal Church of South Sudan

7 Sat Hawkinge Benefice

Clergy: Rob Grinsell

Anna Chaplains: Sarah Grinsell, Maggie Smithard,

Allyson Edwards

Anglican Communion:

The Diocese of Torit – Province of the Episcopal Church of South Sudan

8 Sun Praying Together: 3rd Sunday of Lent

God, who blesses us richly in Christ,
We pray today for individuals, families and children who
live in poverty; for those whose struggles for warmth,
security and provision often go unseen.

By your Spirit, inspire and equip us to serve our
neighbours with sensitivity and generosity.

We pray for all projects, foodbanks and services that
reach out to others in your name.

Amen.

Prayer written by Revd Vicky Coneys - Associate priest
at St Paul's, Cliftonville

Anglican Communion:

3rd Sunday of Lent

The Episcopal Church in Jerusalem & The Middle East

27 Fri The Saxon Shoreline

Clergy: Geoff Abasolo-Munnery

Reader: Anne Loat

We ask prayers for the successful implementation of our
first set of Mission Action Plans across our parishes and
for ongoing discussions about how we can best organise
the governance of our Benefice going forward. We also
pray for all those preparing for baptism this Easter
during our Easter Vigil Eucharist.

Anglican Communion:

The Diocese of Vanuatu –

The Anglican Church of Melanesia

28 Sat Praying with the Sandwich Deanery: for its Clergy and People

Area Dean: Sebastian Hamilton

Lay Chair: Ian Stephen

Secretary: Vanessa Nedderman

Treasurer: Trevor Longman

*Anglican Communion: The Diocese of Vellore – The
Church of South India (United)*

25 Wed Praying Together: for the Installation of Archbishop Sarah Mullally

God of unity and hope, we thank you for Archbishop Sarah and for her willingness to serve in the role of Archbishop of Canterbury. As she embarks on this new ministry, grant her wisdom and grace to lead your Church with courage and compassion. Help her to hold together your people in all our diversity, to listen well, speak peace, and build bridges where there is difference. Strengthen her in the work of reconciliation, that your Church may be one in mission and love. Through Jesus Christ our Lord. Amen.

Prayer written by The Venerable Estella Last - Archdeacon of Maidstone

*Anglican Communion: The Annunciation
The Diocese of Uyo – The Church of Nigeria*

26 Thurs The Benefice of Romney Marsh

Clergy: Chris Hodgkins, Jack Greenhalf, Shuna Body
Assistant Curate: Penny Lowe
Readers: Les Carter, June Noakes
Anna Chaplain: Helen Sanderson
Schools: Brenzett CE Primary School, Brookland CE Primary School, School: St Nicholas CE Primary Academy

*Anglican Communion:
The Diocese of Valparaiso – Iglesia Anglicana de Chile*

9 Mon Hythe: St Leonard

Clergy: Michael Darkins
Assistant Curate: Andy Yan
School: Hythe Bay CE Primary School

Heavenly Father, we ask that you would bless and guide the congregations in Hythe as they strive to continue your mission in that parish. Nurture, grow and bring flourishing to their work with children and young people. And we ask that you would empower the members of their teenagers' Tea & Theology group as they continue to develop and lead services. Bless too the 101 Open Door project as it stands as a missional space on the high street for the whole parish. Finally Lord, help the people of Hythe to live as you have called them: to be evermore welcoming, inclusive and caring. Amen.

*Anglican Communion:
The Diocese of Toronto – The Anglican Church of Canada*

10 Tue Lympne and Saltwood Benefice

Clergy: Barry Knott
Reader: Bob White
Schools: Lympne CE Primary School, Saltwood CE Primary School

*Anglican Communion:
The Diocese of Trichy-Tanjore – The Church of South India (United)*

11 Wed Praying Together: for Archbishop Sarah Mullally

God of love, we pray for Archbishop Sarah as she prepares for her installation. Help her to feel your presence with her, enabling her to flourish and thrive in her new ministry. Grant her, we pray, the grace to listen to your voice and to trust you in all things so that she may lead the Church of England and the Anglican Communion in the way of unity and truth for the sake of your Son, Jesus Christ, our Lord.
Amen.

Prayer written by Revd Canon Lindsay Yates - Canon Precentor at Canterbury Cathedral

*Anglican Communion:
The Diocese of Trinidad and Tobago – The Church in the Province of the West Indies*

24 Tue Praying with the Romney Deanery: for Chaplains

Pray for all those exercising chaplaincy ministry - formally and informally - within Schools, uniformed organisations, residential care communities, community clubs, businesses, health care groups, prisons, police, armed services and in sport. May God give them wisdom to respond to the opportunities given, to be assured of their calling to be witnesses to Christ. May they know the support of local churches and see God at work wherever they go.

Pray in particular today for:

Helen Sanderson

*Anglican Communion:
The Diocese of Utah – The Episcopal Church*

22 Sun Praying Together: 5th Sunday of Lent

Lord Jesus, who loves us and calls us friends,
We pray today for all who are lonely and feel that they are friendless. For young people who are isolated; for the housebound and those who find themselves to be alone. By your Spirit, open our eyes to the loneliness which is all around us. Guide us, your Church, to seek connection, to reach out in friendship, and to proclaim your love. Amen.

Prayer written by Revd Vicky Coneys - Associate priest at St Paul's, Cliftonville

*Anglican Communion:
5th Sunday of Lent
The Anglican Church of Korea*

23 Mon Praying with the Romney Deanery: Clergy with Permission to Officiate

Please pray with us for those with Permission to Officiate within our Deanery. We thank God for their willingness to continue serving the Church with generosity and joy. May they be upheld and strengthened in their ministry.

Pray in particular today for:

Michael Gooch, Sheila McLachlan, David Parrott

*Anglican Communion:
The Diocese of Uruguay – The Anglican Church of South America*

12 Thurs Praying with the Vineyard Deanery: Clergy and People

Area Dean: Sue Rose
Assistant Area Dean: Jeanette Kennett
Lay Chair: Tessa Badcock
Secretary: Karen Stevens
Treasurer: Tony Richter

Please pray for all who serve the vineyard deanery, as clergy, readers and lay ministers, PCC Members, church wardens and volunteers. We are praying for funded support for a children and families worker who can support our deanery in it's vision to grow ministry for families. We are also praying for an increase in the number of lay and ordained worship leaders and ministers in our deanery. Please pray for inspiration and ideas as we seek to grow God's Kingdom in Vineyard Deanery.

*Anglican Communion:
The Diocese of Truro – The Church of England*

**13 Fri Praying with the Vineyard Deanery:
Clergy with Permission to Officiate**

Please pray with us for those with Permission to Officiate within our Deanery. We thank God for their willingness to continue serving the Church with generosity and joy. May they be upheld and strengthened in their ministry.

Pray in particular today for:

Keith Fazzani, Tricia Fogden, Sharon Francis, Ruth Gostelow, Joy Rapley, Michael Rose, Margaret Roylance, John Saunders, Rosemary Van Wengen, Richard Williams

Anglican Communion: The Diocese of Tuam, Limerick and Killaloe – The Church of Ireland

14 Sat Praying with the Vineyard Deanery: for Chaplains

Pray for all those exercising chaplaincy ministry - formally and informally - within Schools, uniformed organisations, residential care communities, community clubs, businesses, health care groups, prisons, police, armed services and in sport. May God give them wisdom to respond to the opportunities given, to be assured of their calling to be witnesses to Christ. May they know the support of local churches and see God at work wherever they go.

Pray in particular today for:
Ann Tiplady

*Anglican Communion:
The Diocese of Twik East – Province of the Episcopal Church of South Sudan*

20 Fri The Benefice of Tenterden, Rother and Oxney

Clergy: Lindsay Hammond, Jeanette Kennett
Assistant Curate: Henry Setright
Readers: Alison Gilbert, Judy Vinson, John Badcock, Tessa Badcock, Alan Gostelow
Schools: St Michael's CE Primary School, Tenterden CE Junior School, Wittersham CE Primary School

*Anglican Communion:
The Diocese of Umuahia – The Church of Nigeria*

21 Sat Praying with the Romney Deanery: for its Clergy and People

Area Dean: Chris Hodgkins
Lay Chair: Phil Bowman
Secretary: Vacant
Treasurer: Tony Richter

*Anglican Communion:
Te Pihopatanga o Te Upoko o Te Ika – The Anglican Church in Aotearoa, New Zealand and Polynesia*

19 Thurs Biddenden: All Saints and Smarden: St Michael

Clergy: Jayne Shillito

School: The John Mayne CE Primary School

Please pray for:

- Restoration and Fundraising at St Michael's Smarden and All Saints' Biddenden

Pray for creativity, encouragement, and fruitful fundraising efforts, that our churches may be renewed and equipped to serve our communities more fully, especially as we seek to welcome and engage with more families across the parishes.

- Coffee Mornings and Community Hospitality

We give thanks for the blessing these gatherings have already become—places of warmth, welcome, and friendship. Please pray with us for all who come through the doors, that they may encounter the Holy Spirit's peace and joy and carry that blessing into their daily lives.

*Anglican Communion:
The Diocese of Ukwa
– The Church of Nigeria*

15 Sun Praying Together: 4th Sunday of Lent

Lord Jesus, who came that we might know true freedom, We pray today for all who struggle daily with addiction. Give your grace and strength to them and to their families and friends. We pray for all who work to break the chains of addiction, and to accompany those who are trying to break free. Lord, give strength to those who are living in recovery, that they may know you as their rock and friend. Amen.

Prayer written by Revd Vicky Coneys - Associate priest at St Paul's, Cliftonville

*Anglican Communion: 4th Sunday of Lent
The Anglican Church of Kenya*

16 Mon Praying with the Vineyard Deanery: for Fresh Expressions of Church

We give thanks today for all those involved in the All Saint's, Woodchurch Community Coffee morning. We rejoice that we often have 40-50 visitors, and that some of them choose to take part in the informal prayer group, and some have even started to attend Sunday services. We give thanks for our team of wonderful volunteers. Please pray that those who attend will be blest by our welcome and feel encouraged to explore what faith means to them.



*Anglican Communion:
The Diocese of Udi – The Church of Nigeria*

17 Tue Denswood Benefice

Clergy: Sue Rose

Assistant Curate: Maria Stuttaford

Reader: Vera Hopkinson

Anna Chaplain: Ann Tiplady

Schools: High Halden CE Primary School, Woodchurch CE Primary School

We give thanks for all who live, work, worship and serve the Parish of Denswood. Please pray for those who have approached us recently who are searching for ways to connect with God, especially those who are preparing to be baptised. Help us Lord to find new ways of connecting with our village communities as we work together to meet financial challenges. We pray for inspiration and guidance in working towards our three things; to be rooted in prayer and scripture, to improve communication between our church communities and villages and to increase the number of volunteers and unpaid workers.

Anglican Communion:

The Diocese of Northern Uganda – The Church of the Province of Uganda

18 Wed Praying Together: for Archbishop Sarah Mullally

Gracious God, we give thanks for Sarah and her calling to serve as Archbishop. As we place her ministry into your hands, we pray that you will keep her held in your love as she shepherds all your people towards hope, renewal, and faithfulness. Grant her the grace to listen deeply, and the strength to lead with truth and compassion, following in the footsteps of Christ your Son, the good shepherd, in whose voice we trust. Amen.

Prayer written by Revd Clary Read - Assistant Curate at the Barham Downs with Adisham & Aylesham Benefice

Anglican Communion:

The Diocese of Ughelli – The Church of Nigeria