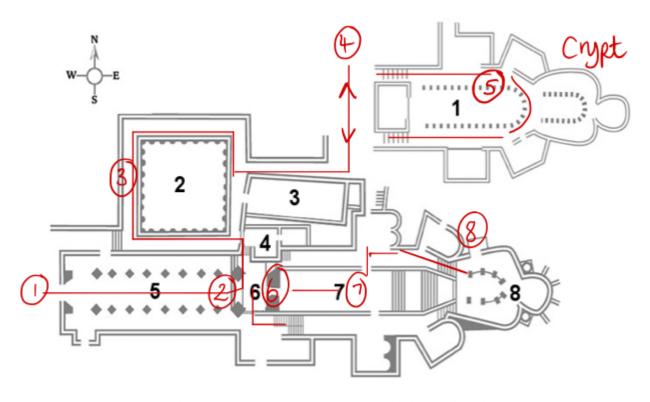
# Pilgrimage Prayer walk around Canterbury Cathedral



#### Pilgrimage prayer walk around the Cathedral

- 1. Entrance and Font
- 2. Nave and Compass
- 3. Cloisters
- 4. Herb Garden
- 5. Crypt
- 6. The Crossing
- 7. The Quire—High Altar and eagle lectern
- 8. Miracle windows



- 1. The Crypt
- 2. The Cloister
- 3. Chapter House
- 4. The Martyrdom

- 5. The Nave
- 6. The Crossing
- 7. The Quire
- 8. The Trinity Chapel

Before you set off on your Pilgrimage Prayer walk ...

Prepare your heart and mind to experience and encounter something new and special on the journey.

Take some time to be still and focus on the journey you are about to go on.

I wonder how you are feeling about it?

I wonder what you might see or hear as you travel?

I wonder who you might meet along the way?

Ask God to walk with you as you travel.

Ask God to help you listen carefully.

Ask God to speak to you through all you see and hear.

As they talked and discussed, Jesus himself drew near and walked along with them

Luke 24:15

What does the LORD require of you? to act justly and to love mercy and to walk humpiy With GOD. Mican 6:8

#### As you walk through the entrance to the Cathedral, look up, look around at all you can see.



Guard your steps when you go to the house of the Lord; go near to listen and learn. Ecclesiastes 5:1

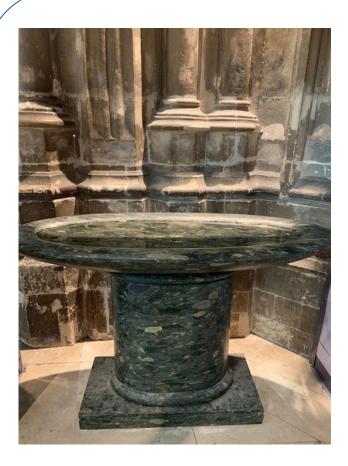
I wonder what you might hear on your journey around the Cathedral?



I wonder what you might learn on your journey around the Cathedral?

As you walk through the entrance to the Cathedral, what words would you use to describe the building?

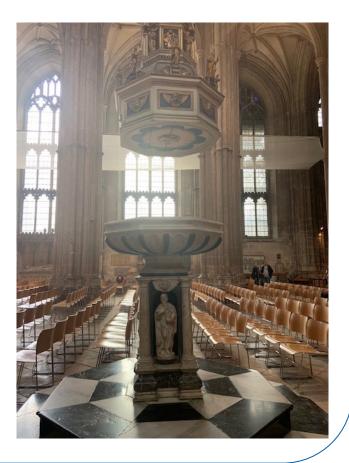
1) Entrance



I wonder what you think these are?

I wonder what you can see or notice?

I wonder why Christians use water when they baptise people? What is so special about water?



1) Entrance and Font



Walk down the Nave until you reach the compass.

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the LORD's people. Ephesians 6:18

Sit round the compass.

I wonder why there is a compass on the floor in the Cathedral? I wonder what it makes you think of?



Say a prayer for people who live in the North, South, East and West of Canterbury, England and our world.

Pray for those whose lives are challenging, and who are facing hardship. Know that God is always watching over them.

2) The Nave and Compass



Explore the cloisters. Can you find these stained glass windows?

What can you see in them? What do they remind you of?



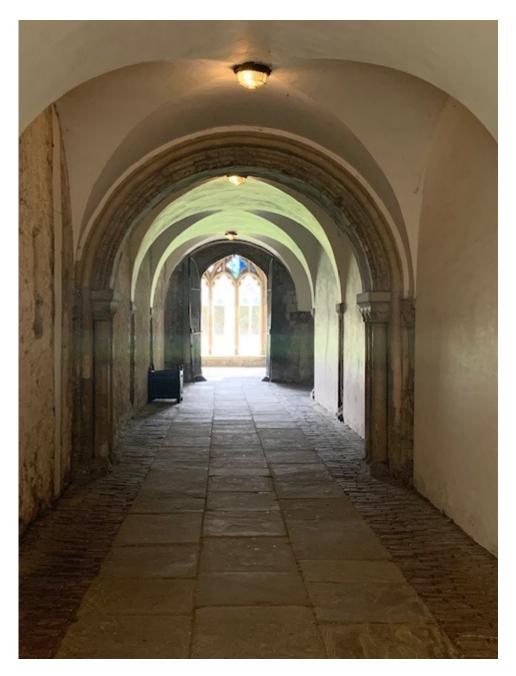


There is a time for everything, and a season for every activity under the heavens:

Ecclesiastes 3:1

3) The Cloisters

# I wonder what you think is at the end of this passage way?



Sometimes we have to be brave and step out into unknown things.

Strength! Courage! Don't be timid; don't get discouraged. God, your God, is with you every step you take.

Joshua 1:9

### Wonder around the garden silently, look and listen as you travel.



How does this place make you feel?

Sit silently. What can you hear? What can you see and smell?

As you sit and ponder, think about God's creation, its beauty and colour.

Thank God for all he has created.



God saw all that he had made, and it was very good. Genesis 1:31 4) The herb garden Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns.

Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the centre of your life. Philippians 4:6-7 (MSG)



Sit quietly on a chair ...

How does this place make you feel?

Think about all the prayers that have been prayed in here.

Take it in turns to light a candle and say a prayer for yourself and your family.

Know that God blesses you and your family everyday.

5) The Crypt

Sit on the steps and look up.

Marvel at how huge the Cathedral is.

Marvel at how the builders of this building managed to create such beauty in all areas of the Cathedral.

Reflect on the Bible passage ... how much greater and awesome must God be?

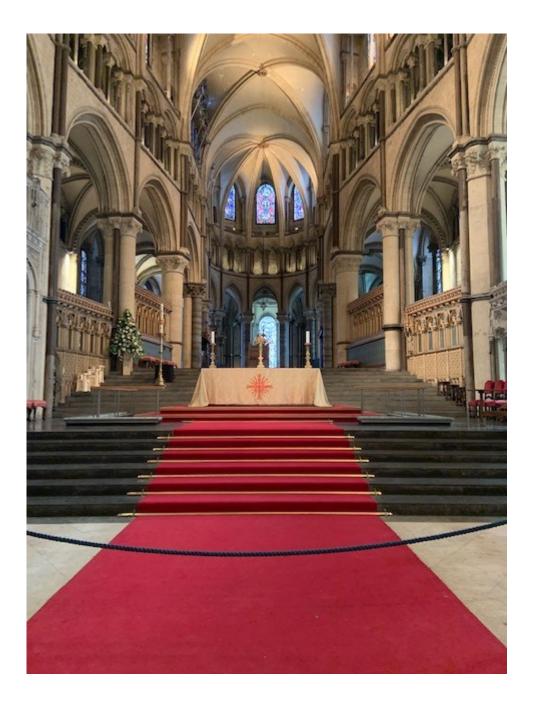


Lord, our Lord, how majestic is your name in all the earth! You have set your glory in the heavens. When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them? Psalm 8: 1-4

6) The Crossing

Think of some words or phrases to describe this space.

How does it make you feel?



7) High Altar, Eagle Lectern

### What do you think this is? Why do you think it is in the shape of an Eagle? Think about what it is holding and the characteristics of an Eagle.



Those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. Isaiah 40:31

I wonder if there is a Bible passage that is special to you?

"LORD my God, I called to you for help, and you healed me." Psalm 30:2

These are called the miracle windows. They tell stories of the healing miracles that happened to pilgrims after visiting Canterbury Cathedral.

What healing miracles and stories can you spot?

8) The Miracle windows

