# Kent is Delicious Competition Checklist

Please make sure your application contains the following information:

1. **Details of responsible adult:**
   - Name
   - Group/School
   - Email
   - Address
   - Phone

2. **Name of dish**

3. **Ingredients** - include all weights and measurements

4. **Method**

5. **Identify local products or ingredients used** - name 3

6. **Photographs** - at least 2; 1 of the completed dish and 1 of the students cooking

As part of the Competition applications will be judged against 4 questions which the applicants will be asked on the day:

7. **Q1: Locality:** What food is grown and produced in your area?

8. **Q2: Seasonality:** Why did you choose the ingredients?

9. **Q3: Process**
   - How/why did you decide to make this dish?
   - Research Trips?
   - Names of any local producers
   - How did you test out your dish?

10. **Q4: Understanding:** What have you gained from this experience?