

# Church & Community Seminars and Seminarians Meetings on 'SPIRITUALITY and WELL-BEING'

Cost see below per seminar. For 4 or more, less £1 per seminar. Cost includes seminar booklet, drinks & biscuits. **Most** seminars are facilitated by Rev Pam Beckinsale with a co-facilitator at each seminar.

**Seminarians Meeting: Dr Len Rowland:** Selfish or Selfless? How do you take responsibility for yourself?

Thursday 29 September 2011      6.30pm for 7.00pm-9.00pm      **£5**      **Taken place**

Venue: St Paul's Church Centre, Church St. Canterbury, CT1 2NH

**1. Being human**      **£8**      **Taken place**

Saturday 15 October 2011      9.30am for 9.45am-1.15pm

Venue: Diocesan House, Lady Wootton's Green Canterbury CT1 1NQ

**2. Spirituals needs**      **£7**      **4 places available**

Saturday 12 November 2011      9.30am for 9.45am-12.45pm

Venue: Diocesan House, Lady Wootton's Green Canterbury CT1 1NQ

**5. Children's spirituality and me (with Rev Ronni Lamont)**      **£7**      **full; 3 on waiting list**

Saturday 3 December 2011      9.30am for 9.45am-12.45pm

Venue: Diocesan House, Lady Wootton's Green Canterbury CT1 1NQ

**6. Spirituality and well-being of those with disabilities**      **£7**      **1 places available**

Saturday 11 February 2012      9.30am for 9.45am-12.45pm

Venue: Diocesan House, Lady Wootton's Green Canterbury CT1 1NQ

**7. Mental health: spirituality and well-being of all concerned**      **£7**      **1 places available**

Saturday 10 March 2012      9.30am for 9.45am-12.45pm

Venue: Diocesan House, Lady Wootton's Green Canterbury CT1 1NQ

**8. Spirituality and well-being of older people**      **£7**      **full; 1 on waiting list**

Saturday 21 April 2012      9.30am for 9.45am-12.45pm

Venue: Diocesan House, Lady Wootton's Green Canterbury CT1 1NQ

The next group of **Seminars** are no. 1, 2, 9, 10, 11 and 12, and are anticipated to be in Thanet

## **Information**

- *It is recommended that seminars 1 and 2 are attended first as they are an introduction to the others.*
- *It is also recommended that Seminar 3 is attended before Seminar 4.*
- *Participants are accepted on a first come, first served basis on receipt of an application form*
- *If a church or organisation is funding the seminars, the application form must be signed by the minister or line manager*
- *There is a maximum of 12 and a minimum of 6 participants for each seminar*
- *For seminars: to help to ensure a variety of applicants, if more than two people want to come from any one church or organisation, the additional applicants may have to go on a waiting list*
- *The seminars are on a monthly basis, in groups of 4 or more with a 'Seminarians Meeting' in between. There will be nothing in January and August.*
- *A waiting list will be operated when necessary.*
- *A booklet is provided for each seminar and a certificate of attendance will be given if requested*
- *Do not send any money with your application form but wait until you have a definite place.*
- *These seminars do not train you to be counsellors, nor to have a particular role within your church or organisation. The latter must be negotiated with your minister or employer.*
- *Seminarian Meetings were originally for those who had been to the seminars and wanted to meet up and look in more depth at an aspect from or related to the seminars content. Attendance is no longer limited in this way.*
- *An Oasis Day will be in June each year and is an opportunity for 'time out'.*

**For more information contact:**

**Application reply slip on next page.**

Rev Pam Beckinsale c/o Diocesan House, Lady Woottons Green, Canterbury CT1 1NQ

Mobile: 07762 100543      or      Email: pam.beckinsale@tiscali.co.uk- subject 'C & C Seminars'

# CHURCH and COMMUNITY SEMINARS & SEMINARIANS MEETINGS

## SPIRITUALITY and WELL-BEING

### APPLICATION FORM

Please send your application form to:

Revd Pam Beckinsale, c/o Diocesan House, Lady Woottons Green, Canterbury, CT1 1NQ *marking envelope*  
'C&C Seminars' (allow a week to reach me 2<sup>nd</sup> class) or download this form, fill it in and return attached to an email.

For information call Pam on: mobile: 07762 100543

or email: pam.beckinsale@tiscali.co.uk – subject 'C&C Seminars'

I would like to come to the Seminar(s) / Seminarian meeting / 'Oasis Day' on (please tick (or forward slash) and/or delete as appropriate and print). Send no money at this stage.

**Seminarians Meeting** Thursday 29<sup>th</sup> September 2011 6.30pm ...x... Canterbury  
Dr Len Rowland: 'Selfish or selfless? How do you take responsibility for yourself?'

### Seminars – 2<sup>nd</sup> Series

1. Being human	Saturday 15 <sup>th</sup> October 2011	9.30am	...x...	Canterbury
2. Spiritual needs	Saturday 12 <sup>th</sup> November 2011	9.30am	.....	Canterbury
5. Children's spirituality and me	Saturday 3 <sup>rd</sup> December 2011	9.30am	.....	Canterbury
6. Spirituality & well-being of those with disabilities	Saturday 11 <sup>th</sup> February 2012	9.30am	.....	Canterbury
7. Mental health: Spirituality & well-being of all ...	Saturday 10 <sup>th</sup> March 2012	9.30am	.....	Canterbury
8. Spirituality & well-being of older people	Saturday 21 <sup>st</sup> April 2012	9.30am	.....	Canterbury

Name ..... Work (can be paid or unpaid) .....

Church/Organisation ..... Tel (home/work/mobile).....

Postal Address:.....

Email address: .....

Minister or line manager's signature (if church/organisation is paying for you) .....

Name (print) .....

Contact email or tel. no. ....

Access requirements:

- |   |          |  |          |
|---|----------|--|----------|
| <input type="checkbox"/> disabled access          | yes / no | <input type="checkbox"/> a large print leaflet         | yes / no |
| <input type="checkbox"/> the use of a loop system | yes / no | <input type="checkbox"/> a large print seminar booklet | yes / no |

I would like an attendance certificate yes / no

I would be interested in other Seminars (state which nos. and time of day preferred) .....

And/or Seminarians Meetings yes / no / maybe, depending on subject, if so, please suggest topic .....

..... and a speaker for it? .....

An 'Oasis Day' would appeal to me yes / no

If possible, I would like the following included in an 'Oasis Day'

- |   |  |   |                                |
|---|--|---|--------------------------------|
| <input type="checkbox"/> Quiet time ....      | <input type="checkbox"/> Singing / music ... | <input type="checkbox"/> Bring own lunch .. | <input type="checkbox"/> ..... |
| <input type="checkbox"/> Discussion ....      | <input type="checkbox"/> A walk ....         | <input type="checkbox"/> Lunch provided ... | <input type="checkbox"/> ..... |
| <input type="checkbox"/> Worship ....         | <input type="checkbox"/> Reading ....        | <input type="checkbox"/> Lunch shared ....  | <input type="checkbox"/> ..... |
| <input type="checkbox"/> Art & Craft ....     | <input type="checkbox"/> Drama ....          | <input type="checkbox"/> Other.....         | <input type="checkbox"/> ..... |
| <input type="checkbox"/> Creative writing ... | <input type="checkbox"/> Dancing ....        | <input type="checkbox"/> .....              | <input type="checkbox"/> ..... |

**ONLY SIGN HERE** if you do **NOT** want your information to be kept on my database for the purpose of these seminars/meetings.

Thank you. (NB It is an exclusion clause!) Signature .....