

RETREATS IN THE SOUTH EAST

There are many different types of retreat - see the leaflet "Have you thought of making a retreat?" published by the Retreat Association, and their leaflets on the different types.

Visit their web site at www.retreats.org.uk All their leaflets can be downloaded there.

The fullest information about retreats throughout the country, with addresses of retreat houses and their programmes for the year, is to be found in "Retreats" published by the Retreat Association, The Central Hall, 256 Bermondsey Street, London SE1 3UJ, Tel: 020 7357 7736, Fax: 020 7357 7724, e-mail: info@retreats.org.uk price £6.50 by post (£5.50 in bookshops). A small number of copies is available on loan from Canon Julia Butterworth, The Vicarage, Ashford Road, St. Michael's, Tenterden, Kent, TN30 6PY, Tel./Fax: 01580 764670 e-mail: jbutterworth@clara.co.uk.

What follows is a selection of retreat houses in the South East of England, you will need to contact the house for their programme and further information.

KENT

Burrswood, Groombridge, Tunbridge Wells, TN3 9PY. Tel: 01892 863637
e-mail: reservations@burrswood.org.uk www.burrswood.org.uk Burrswood is a Christian Centre for Healthcare and Ministry and is able to offer personal retreats in its Guest House accommodation.

Cautley House, 95 Seabrook Road, Seabrook, Hythe, CT21 5QY. Tel: 01303 230762
e-mail: cautleyhouse@compuserve.com www.cautleyhouse.org.uk

Centrespace, 3 Alcroft Grange, Tyler Hill, Canterbury, CT2 9NN. Tel: 01227 462038
e-mail: podger@centrespace.freeserve.co.uk www.centrespace.freeserve.co.uk
For individuals, couples, parish away days, some events.

Convent of Mercy, Northwood Road, Whitstable, CT5 2EY. Tel: 01227 272649
e-mail: maryrsm@tiscali.co.uk

4 single rooms available for individually guided retreats. RC. Ignatian. Programme of Quiet Days.

The Friars, Aylesford, ME20 7BX. Tel: 01622 717272 e-mail: retreat@thefriars.org.uk
www.thefriars.org.uk RC. Brochures available. Large and varied facilities.

Minster Abbey, Minster, Nr Ramsgate, CT12 4HF. Tel: 01843 821254
RC. Private retreats and parish groups.

Sisters of St. Andrew, Eden Hall, Stick Hill, Edenbridge, TN8 5NN. Tel: 01342 850388
e-mail: thecentre@sisters-of-st-andrew.com RC. Individuals for private retreats. Ignatian.

St. Mary's Abbey, Swan Street, West Malling, Maidstone, ME19 6JX. Tel: 01732 843309
Private retreats.

St. Oswald House, Paddlesworth, Folkestone CT18 8AD Tel: 01303 893254 Fax: 894939
Private house next door to church. Individuals or small groups for the day.

Well Cottage, Upper Street, Kingsdown, Deal CT14 8BH Tel: 01304 361601

e-mail hildamary@onetel.com Quiet Days for individuals. There is a Quiet Morning on the second Tuesday of each month from 10 to 12.45

EAST SUSSEX

Crowhurst Christian Healing Centre, The Old Rectory Crowhurst, Battle, TN33 9AD. Tel: 01424 830204 e-mail: crowhurstrectory@btconnect.com www.crowhursthealing.co.uk
A Christian healing centre suitable for retreats, rest and renewal.

Penhurst Retreat Centre, The Manor House, Penhurst, Nr Battle TN33 9QP Tel: 0845 4580602
e-mail: info@penhurst.org.uk www.penhurst.org.uk Individuals and small groups.

St. Margaret's Convent, Hooke Hall, 250 High Street, Uckfield TN22 1EN. Tel: 01825 766808

St. Mary's Retreat House, St Mary's Church Street, Hartfield, TN7 4AG. Tel: 01892 770305
A small private retreat house near the Ashdown Forest. Individuals.

WEST SUSSEX

St. Cuthman's, Coolham, Horsham, RH13 8QL Tel: 01403 741220 Fax: 01403 741026
e-mail: stcuthmans@dabnet.org www.stcuthmans.com

The former St. Julian's. A place of peace and beauty. Individuals and private retreats.

Franciscan Convent, Borers Arms Road, Copthorne, RH10 3LN. Tel: 01342 712088

Monastery of the Holy Trinity, Crawley Down, Crawley, RH10 4LH. Tel: 01342 712074
Private retreats. Anglican. brother.andrew@cswg.org.uk

Priory of Our Lady, Sayers Common, Hassocks, BN6 9HT. Tel: 01273 832901 RC

Worth Abbey, Turners Hill, Crawley, RH10 4SB. Tel: 01342 710318 (RC)

e-mail: enquiries@worthabbey.net www.worthabbey.net
'The Open Cloister' has a varied and ecumenical programme in spirituality.

SURREY

Claridge House, Dormans Road, Lingfield, RH7 6QH Tel: 01342 832150 (Fax 01342 832150)
e-mail welcome@claridgehouse.quaker.eu.org www.claridgehouse.quaker.eu.org

A Quaker Centre for healing, rest and renewal. Individuals and groups, courses.

St. Columba's House, Maybury Hill, Woking, GU22 8AB. Tel: 01483 766498 (Fax 01483 740441)

e-mail: retreats@stcolumbashouse.org.uk www.stcolumbashouse.org.uk

Wychcroft (Diocesan Training Centre), Bletchingley, Redhill, RH1 4NE. Tel/Fax: 01883 743041
Group bookings only.

GREATER LONDON

Community of the Sisters of the Church, St. Michael's Convent, 56 Ham Common, Richmond, TW10 7JH. Tel: 020 8940 8711 / 020 8948 2502 (Fax 020 8332 2927) e-mail:

sisters.infoUK@SistersoftheChurch.org www.SistersoftheChurch.org Private retreats and varied programme.

The Emmaus Centre, Daughters of Mary & Joseph, Layhams Road, West Wickham, BR4 9QJ.
Tel: 020 8777 2000 Fax: 020 8776 2022 e-mail: dmj@emmaus.fsbusiness.co.uk
www.rc.net/southwark/emmaus Private retreats and varied programme. RC.

The Royal Foundation of St. Katharine, 2 Butcher Row, London, E14 8DS. Tel: 020 7790 3540
Fax: 020 7702 7603 e-mail: Enquiries@stkatharine.org.uk www.stkatharine.org.uk

St. Edward's House, 22 Great College Street, London, SW1P 3QA. Tel: 020 7222 9234
Fax: 020 7799 2641 e-mail: guestmaster@ssje.org.uk www.ssje.org.uk

IN ADDITION

There are other places suitable for conferences or for arranging your own parish retreat or quiet day, e.g.

Ashburnham Place, Battle, TN33 9NF. Tel: 01424 892244 Fax: 01424 894200
e-mail: bookings@ashburnham.org.uk www.ashburnham.org.uk

Franciscan International Study Centre, Giles Lane, Canterbury CT2 7NA Tel: 01227 769349
e-mail: info@franciscans.ac.uk www.franciscans.ac.uk. RC. Accommodation available out of term.

The Oast Houses, Ewhurst Lane, Northiam, E. Sussex, TN31 6HL. Tel: 01797 253314
e-mail: info@theoasts.co.uk www.theoasts.co.uk

Goodnestone Park Gardens nr. Wingham, Canterbury CT3 1PL Tel: 01304 840107
www.goodnestoneparkgardens.co.uk Suitable for groups on Mondays and Tuesdays when the gardens are not open to the public. Lecture room and refreshments available.

SILENT PRAYER GROUPS

There is a national list with contact addresses for the Christian Meditation Community, the Fellowship of Contemplative Prayer, the Fellowship of Meditation and Servants of Christ the King. The Bede Griffiths Sangha can be contacted on 01227 752871
e-mail bg.sangha@btinternet.com www.bede.griffiths.com

There are a number of JULIAN MEETINGS in the area, details from The Julian Meetings, 263 Park Lodge Lane, Wakefield, West Yorkshire WF1 4HY (SAE please) www.julianmeetings.org

THE QUIET GARDEN

Information from The Quiet Garden Trust, Stoke Park Farm, Park Road Stoke Poges, Bucks. SL2 4PG 01753 643050 e-mail quiet.garden@ukonline.co.uk www.quietgarden.co.uk

The Deal group now meet on the second Tuesday at Well Cottage, see entry in **Kent** above.

The Quiet View, 146 The Street, Kingston, Canterbury CT4 6JQ (01227 830070)

E-mail: lizziehopthrow@quista.net Open Days, caravan to stay in.

QUIET DAYS

Vicarage Vacations (just for the day) -Nonington Vicarage, Vicarage Lane, Nonington CT15 4JT (01304 840271) helen.therev@virgin.net Complementary therapies available.

The above is only a selection and I have added notes where I know something about the house. If you would like to discuss possibilities with me after reading the list, please telephone.

This sheet is regularly updated - if you have information I could include please let me know.

RETREAT FUND

There is a fund to help lay people from the Diocese of Canterbury make a retreat. Please contact Rose Dale rdale@diocant.org for further details.